

Systemic inflammation markers in blood samples of colorectal cancer patients

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ABSTRACT

Introduction: Colorectal cancer (CRC) is one of the most common cancers in Poland. The aim of this study was to investigate the clinical significance of absolute monocyte count, neutrophil-to-monocyte ratio (NMR) and monocyte-to-lymphocyte ratio (MLR) in pre- and postoperative blood samples of patients with CRC.

Materials and Methods: We retrospectively reviewed medical records of 160 patients diagnosed with CRC who underwent surgery. Blood samples were obtained within 3 days before and after the surgical treatment. Venous blood samples were also obtained from 42 healthy controls.

Results: Pre- and postoperative NMR were significantly higher than healthy controls ($p < 0.0001$; $p < 0.0001$). Moreover, MLR in pre- and postoperative blood samples were higher than voluntaries ($p < 0.001$; $p < 0.001$). The area under the ROC curve for pre and postNMR showed that the parameter

exhibits strong diagnostic power (1.000). Pre- and postMLR had moderate diagnostic power amount 0.751 and 0.746. There is also correlation between monocyte count in samples obtained before and after surgery and, lymph node metastasis and size of lymph node metastasis in both cases. PreNMR value was significantly associated with venous and lymphatic invasion and the presence of cancer deposits. PostNMR was found to correlate with presence of distant metastasis and cancer cell deposits ($R = 0.633$, $p < 0.001$; $R = 0.158$, $p = 0.040$). Moreover, preMLR value was correlated with only perineural invasion.

Conclusions: Analyzed hematologic markers may be useful as simply obtained parameters, next to histopathological examination, that determine a systemic immune response.

Keywords: Colorectal cancer, neutrophil-to-monocyte ratio, monocyte-to-lymphocyte ratio

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INTRODUCTION

Colorectal cancer (CRC) is one of the most common cancer in Poland. In the near future, number of deaths due to colorectal cancer probably will increase two-fold for the male population and about one third for the female population [1]. Diagnosis of histological type of colorectal cancer and chosen prognostic and predictive markers were performed in the basis of conventional the tumor-node-metastases (TNM) classification recommended by The American Joint Committee on Cancer/Union for International Cancer Control (AJCC/UICC) society [2]. Nowadays, it is well known that diagnosis of CRC patients is performed also in the basis of the molecular biomarkers such as mutations in the KRAS, NRAS, BRAF, and PIK3CA genes that were used in daily practice. Patients with mutations in KRAS and NRAS – codons 12 and 13 of exon 2; codons 59 and 61 of exon 3; codons 117 and 146 of exon 4 should not receive anti-EGFR therapy [3]. Approximately 5%–10% of CRC have BRAF mutation in codon V600 that results in constitutive activation of BRAF kinase [4]. Moreover, Exon 20 mutations of PIK3CA are linked with poor clinical response to cetuximab [5]. Literature data also noted prognostic and predictive value of the loss of MMR proteins as result of epigenetic silencing of the four most common MMR genes including MLH1, MSH2, MSH6, and PMS2 [6].

The next direction of biomarkers investigation includes immune cell response in primary tumor mass. The first effort to find such immunological markers was made by Galon and his colleagues. Scientists showed that tumors with elevated levels of CD3⁺ T-cells in the main mass as well as at the invasive margin were associated with the best clinical outcome, beyond the conventional TNM system [7]. Since 2012, it has been defined the Immunoscore that quantified the immune infiltrate, including the density of CD8⁺ cytotoxic T-cells and CD45RO⁺ memory cells inside the tumor [8]. The validated, large group examination demonstrated that patients with “low” immunoscore have shorter time-to-tumor recurrence compared to those with “high” immunoscore [9]. The inadequate response to the treatment of CRC patients forces us to search new simple biomarkers that can be validated, with optimal efficacy [10]. It is now well established that examination of local immune response tumor mass of patients with CRC is not sufficient. Therefore, hematologic biomarkers, containing simple whole blood parameters, have been recently explored [11,12]. The investigators confirmed that CRC patients with elevated neutrophil-to-lymphocyte ratio (NLR), platelet-to-lymphocyte ratio (PLR), monocyte count, and Glasgow prognostic score (GPS) have worse prognosis in overall survival (OS), cancer-specific survival (CSS), and disease-free survival (DFS) [12]. The aim of this study was

to investigate the clinical significance of the absolute monocyte count, neutrophil-to-monocyte ratio (NMR) and monocyte-to-lymphocyte ratio (LMR) in pre- and postoperative blood samples of patients with CRC.

MATERIALS AND METHODS

Patients' characteristics

We retrospectively reviewed medical records of 160 patients diagnosed with CRC (96 men and 64 women) who underwent surgery in the Department of Oncological Surgery, Comprehensive Cancer Center (Bialystok, Poland) between April 2014 and December 2016. The mean age of the patients was 67.5 years, including 40 patients <60 years-old and 120 patients >60 years-old. The majority of patients presenting similar symptoms, including abdominal pain, anemia, rectal bleeding, constipation, diarrhea, vomiting and anorexia. In the majority of cases, patients additionally received treatment for hypertension, type II diabetes, osteoarthritis and coronary heart disease. However, none of the patients had received inflammatory therapy. All patients underwent routine diagnostic tests, including basic diagnostic laboratory tests (morphological tests and lipid profiles), electrocardiography, spirometry, arterial blood gasometric test, X-ray and computerized chest tomography. The clinical stage of CRC was evaluated according to the Tumor-Node-Metastasis (TNM) classification [13]. Prior to surgery, patients with tumors identified in other sites received no inflammatory or immunosuppressive therapy. The response to preoperative therapy was estimated according to the Response Evaluation Criteria in Solid Tumors [14]. Tissues obtained from surgery were fixed in 4% buffered formalin for 24 to 72 h at room temperature. Small sections of tissue were embedded in paraffin. Sections (4 µm-thick) were cut from paraffin blocks and stained with hematoxylin and eosin (H&E) at room temperature for 4 min (cat. no. 468802128; POCH S.A.; Avantor Performance Materials Poland, Gliwice, Poland) according to the manufacturers' protocol. The slides were deparaffinized in an oven at 60°C for 5 min. Subsequently, slides were rehydrated in xylene (three washes, 10 min each) and graded ethanol (100, 95, 85 and 75%, 1 min at each concentration). Routine histopathological assessment of the sections was performed by two pathologists blinded to the clinical information. The type of tumor growth, tumor size, histological type, percentage of mucinous components, grade of malignancy, TNM and Dukes stages were determined by the pathologists. Venous, lymphatic and perineural invasion of cancer cells were also analyzed. Characteristic features of lymph node invasion were examined, including the number of resected and invaded lymph nodes, the presence of micro- and macro-metastases, invasion of the pouch

lymph node, presence of distant metastases and the size of metastases. The presence, number and size of the deposits of cancer cells were also assessed [15]. Tumor budding was analyzed as previously described by Morodomi et al. [16]. Crohn's-like aggregates of lymphocytes (CLR) were evaluated based on the Väyrynen criteria [17]. CLR was defined as lymphoid structures surrounding the primary tumors, excluding mucosa-associated lymphoid tissue or pre-existing lymph nodes. Histological categorization of fibrotic cancer stroma was performed based on the criteria from Ueno et al. [17]. Fibrotic cancer stroma was classified as follows: mature, composition of mature collagen fibers and elongated fibers with fibrocytes stratified into multiple layers; intermediate, broad bands of collagen with brightly eosinophilic hyalinization and keloid-like structures; and immature, composition of randomly oriented keloid-like collagen bundles surrounded by myxoid stroma.

The present study was performed in accordance with the Declaration of Helsinki for Human Experimentation, and the protocol was approved by The Bioethics Committee of the Medical University of Białystok (approval no R-I-002/353/2016). Written informed consent was obtained from all participants.

Blood samples examination

Blood samples were obtained within 3 days before and after the surgical treatment. Venous blood samples were also obtained from 42 healthy controls (female-21, male-21; mean age 45 years old; min-max 25-65 years old).

The differential white blood cell count was analyzed using Sysmex XN-1000 based on the manufacturers' protocol. Cancer biomarkers were analyzed performed using Cobas 6000.

We analyzed monocyte count, neutrophil monocyte ratio (NMR) and monocyte lymphocyte ratio (MLR) in whole blood before and after surgery of patients with CRC. The NMR was defined as the absolute neutrophil count divided by the absolute monocyte count. The MLR was performed by the absolute monocyte count divided by absolute lymphocyte count.

Receiver operating characteristic (ROC) curve analysis was used to the investigation of cutoff values of the pre- and postoperative monocyte count (preMONO/postMONO), NMR (preNMR/postNMR) and MLR (preMLR/postMLR).

According to the ROC curves and significant correlation with each other, we defined the scores of monocyte count, NMR and MLR as 1 or 2 when patients had low or high analyzed parameters in pre- and postoperative blood samples.

Statistical analysis

Statistical analysis was performed using the STATISTICA 13.3 program (Statsoft, Cracow,

Poland). A Mann-Whitney U-test was used to compare the groups. Correlations between the parameters were calculated using the Spearman's correlation coefficient test. $P < 0.05$ was considered to indicate a statistically significant difference. The missing data was removed in pairs. The analysis of ROC curve was performed using MedCalc statistical software (MedCalc Software, Belgium).

RESULTS

Estimation of cut-off values of monocyte count, NMR and MLR

Pre- and postoperative NMR were significantly higher than in healthy controls ($p < 0.0001$; $p < 0.0001$). Moreover, MLR in pre- and postoperative blood samples were higher than in voluntaries ($p < 0.001$; $p < 0.001$). Only monocyte count did not differ between the groups. The cut-off of pre- and postoperative monocyte count were 0.39 and 0.68 with sensitivity (preMONO-75.8%; postMONO- 27.89%) and specificity (preMONO-16.67%; postMONO-85.71%) The area under the ROC curve for pre- and post monocyte count had weak prognostic value of CRC patients (0.505 and 0.532). The cut-off of pre- and postoperative NMR was 0.48 and 0.48 with sensitivity and specificity (preNMR- 100% and 100%; postNMR- 89,16 and 100). The area under the ROC curve for pre- and postNMR showed that the parameter exhibits strong diagnostic power (1.000). Moreover, the cut-off of pre- and postoperative MLR was 1.46 in both cases. The sensitivity and specificity of analysis in pretreatment blood samples were 94.27% and 73.81% and were similar to those in postoperative samples (90.41% and 73.81%). The area under the ROC curve for pre- and postNMR showed that the parameter exhibits strong diagnostic power (1.000). Pre- and postMLR had moderate diagnostic power amount of 0.751 and 0.746.

Monocyte count, NMR, MLR in CRC and its correlation with clinicopathological parameters

PreMONO and postMONO counts correlated with pT ($R = 0.296$, $p < 0.001$; $R = 0.295$; $p < 0.001$). There is also correlation between monocyte count in samples obtained before and after surgery and lymph node metastasis and size of lymph node metastasis in both cases ($R = 0.256$, $p = 0.039$; $R = 0.184$, $p = 0.022$; $R = 0.262$, $p = 0.041$; $R = 0.185$, $p = 0.025$). PreNMR value was significantly associated with venous and lymphatic invasion and the presence of cancer deposits ($R = 0.190$, $p = 0.018$; $R = 0.191$, $p = 0.017$; $R = 0.230$, $p = 0.004$).

PostNMR was found to correlate with the presence of distant metastasis and cancer cell deposits ($R = 0.633$, $p < 0.001$; $R = 0.158$, $p = 0.040$). Moreover, preMLR value correlated with only perineural invasion ($R = 0.178$, $p = 0.027$). We did not

find any connection between postMLR and clinicopathological parameters (Table 1).

Monocyte count, NMR, MLR in CRC and its correlation with morphological blood parameters

We also noted many various correlations between analyzed factors and selected

morphological and cancer biomarkers that are shown in Table 2. Association between well-known markers, such CA-19-9 and monocyte count before and after surgery of CRC patients seems to be the most important in clinical usage (R=0.987, p<0.001; R=0.945, p<0.001).

Table 1. Correlations between monocyte count, NMR and MLR in pre and postoperative whole blood samples and clinicopathological features of patients with CRC

Parameter		N	preMONO R, p-value	postMONO R, p-value	preNMR R, p-value	postNMR R, p-value	preMLR R, p-value	postMLR R, p-value
Age	<60	40	-0.059	-0.060	0.074	0.083	0.043	-0.013
	>60	120	0.454	0.460	0.357	0.286	0.592	0.871
Gender	Female	64	-0.132	-0.137	0.010	-0.001	-0.053	-0.101
	Male	96	0.095	0.093	0.895	0.987	0.506	0.222
Localization	Right-side	20	0.113	0.115	-0.017	0.093	-0.034	-0.038
	Transverse	14						
	Left-side	15	0.170	0.173	0.835	0.245	0.679	0.655
	Sigmoid	29						
Rectum	82							
Tumor growth	Expanding	133	0.099	0.109	0.005	-0.100	0.019	-0.043
	Infiltrate	27	0.212	0.184	0.946	0.198	0.805	0.602
Tumor size	<2.5cm	27	0.031	0.003	-0.037	-0.041	0.092	0.097
	2.5-5.0cm	106						
	>5.0cm	27						
TNM stage	1	42	0.137	0.138	0.090	0.072	0.123	-0.058
	2	31						
	3	69						
	4	18						
Grade of malignancies	2	148	0.153	0.158	-0.024	0.118	-0.030	-0.011
	3	12						
pT stage	1	3	0.296	0.295	0.045	-0.005	-0.015	-0.015
	2	62						
	3	91						
	4	4						
Venous invasion	Absent	113	0.050	0.055	0.190	-0.058	-0.041	-0.012
	Present	46						
Lymphatic invasion	Absent	121	-0.064	-0.065	0.191	-0.018	-0.029	-0.033
	Present	38						
Perineural invasion	Absent	143	-0.028	-0.037	0.054	0.147	0.178	-0.054
	Present	17						
Lymph node metastasis	Absent	81	0.256	0.262	-0.010	-0.048	0.089	-0.019
	Present	79						
Size of lymph node metastasis	Micro	30	0.184	0.185	-0.008	-0.098	0.093	-0.037
	Macro	49						
Distant metastasis	Absent	143	-0.011	-0.011	-0.018	0.633	-0.054	-0.038
	Present	17						

Tumour Deposits	Absent	133	-0.042	-0.044	0.230	0.158	0.037	-0.036
	Present	27	0.589	0.593	0.004	0.040	0.644	0.663
Tumor budding	Absent	94	0.018	0.022	0.102	0.029	-0.059	0.096
	Present	66	0.824	0.788	0.530	0.708	0.467	0.250
Crohn's-like aggregates of lymphocyte	Absent	113	0.107	0.110	-0.061	0.001	-0.050	-0.033
	Present	42	0.181	0.184	0.449	0.982	0.530	0.693
Necrosis	Absent	45						
	Focal	61	0.043	0.038	0.008	0.095	0.155	-0.008
	Moderate Extensive	36 18	0.594	0.646	0.913	0.223	0.055	0.920
Fibrosis	Absent	11						
	Focal	72	0.117	0.115	0.009	0.025	-0.120	0.111
	Moderate Extensive	43 34	0.143	0.162	0.909	0.751	0.138	0.183
Maturation of fibrotic stroma	Immature	12						
	Intermediate	91	-0.048	-0.052	0.062	0.031	0.031	-0.025
	Mature	57	0.547	0.528	0.441	0.690	0.702	0.761

Spearman's correlation coefficient test

Table 2. Correlations between monocyte count, NMR and MLR in pre and postoperative samples and chosen morphological and serum cancer markers of patients with CRC

Parameter	N 160	preMONO	postMONO	preNMR	postNMR	preMLR	postMLR
		R, p-value	R, p-value	R, p-value	R, p-value	R, p-value	R, p-value
EOSINOPHILS (K/uL)	Before	0.709 <0.001	0.710 <0.001	-0.110 0.170	-0.025 0.753	-0.109 0.173	0.061 0.460
	After	0.709 <0.001	0.698 <0.001	0.064 0.440	0.149 0.071	0.061 0.457	-0.207 0.012
BASOPHILS (K/uL)	Before	0.999 <0.001	0.998 <0.001	-0.255 0.010	-0.304 <0.001	-0.086 0.281	-0.042 0.611
	After	0.999 <0.001	0.998 <0.001	-0.061 0.456	-0.003 0.970	-0.054 0.510	-0.246 0.003
RBC (M/ul)	Before	0.998 <0.001	0.993 <0.001	-0.128 0.109	-0.156 0.050	-0.168 0.035	0.149 0.072
	After	0.707 <0.001	0.708 <0.001	0.134 0.105	0.022 0.791	0.080 0.330	0.012 0.884
HGB (g/dl)	Before	0.980 <0.001	0.986 <0.001	-0.091 0.256	-0.087 0.277	-0.222 0.005	0.022 0.787
	After	0.963 <0.001	0.969 <0.001	0.153 0.067	0.059 0.478	-0.046 0.580	-0.080 0.332
PLT (x103/ uL)	Before	-0.997 <0.001	-0.967 <0.001	-0.074 0.351	-0.053 0.503	-0.079 0.322	-0.032 0.694
	After	-0.791 <0.001	-0.781 <0.001	0.030 0.716	0.064 0.435	0.053 0.521	0.037 0.655
CEA (j/ml)	Before	-0.018 0.881	-0.018 0.882	0.016 0.893	0.185 0.130	0.202 0.099	-0.053 0.682
	After	0.002 0.986	0.028 0.848	-0.081 0.482	-0.048 0.680	-0.044 0.702	-0.009 0.934
CA19-9 (j/ml)	Before	0.987 <0.001	0.945 <0.001	-0.047 0.788	0.064 0.719	0.178 0.312	-0.100 0.583
	After	-0.020 0.906	-0.157 0.366	0.492 0.002	0.209 0.213	-0.041 0.796	-0.203 0.242

Spearman's correlation coefficient test

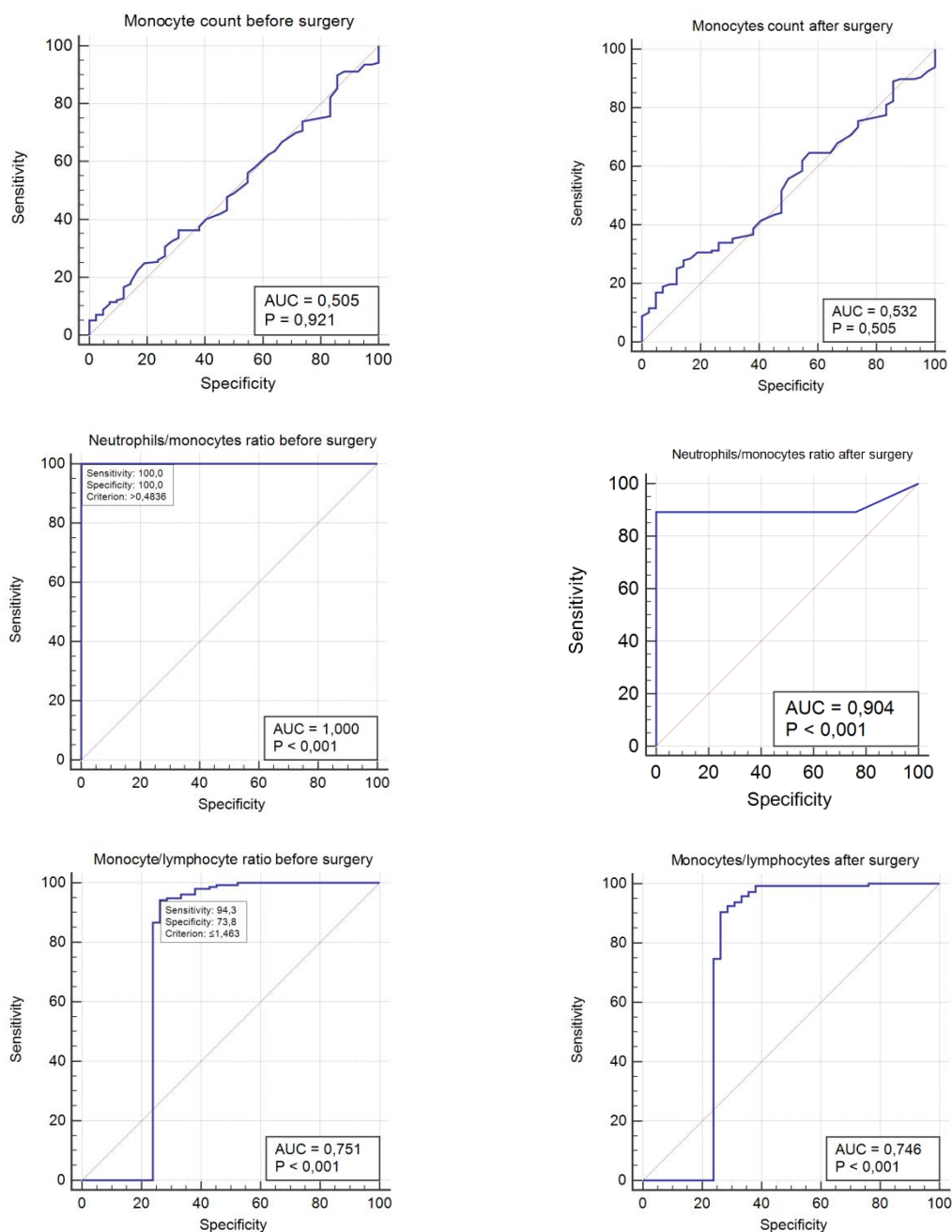


Figure 1. ROC curve of pre- and postoperative monocyte count, NMR and MLR

	preMONO	postMONO	preNMR	postNMR	preMLR	postMLR
Cut-off value	>0.39	>0.68	>0.48	>0.48	≤1.46	≤1.46
AUC	0.505	0.532	1.000	0.904	0.751	0.746
Sensitivity(%)	75.80	27.89	100.0	89.16	94.27	90.41
Specificity (%)	16.67	85.71	100.0	100.0	73.81	73.81
p-value	0.920	0.504	<0.0001	<0.0001	0.0001	0.0002

AUC- Area under the ROC curve

DISSCUSION

Activation of immune cell response is the one way to defend the organism against cancer cells

expansion. Innate immune cells that circulate in the bloodstream and go to tissues during inflammation are mononuclear phagocyte called monocytes [18]. In physiological condition, monocytes take part in

supporting tissue homeostasis and propagating host responses to pathogens [19]. Recently, the role of monocytes in the cancer development and progression is underlined [20]. Monocytes are divided into the main three groups in the basis of their chemokine and adhesion molecule profiles: classical, nonclassical and intermediate monocytes. Classical monocytes have high level expression of the CD14 cell surface receptor while nonclassical subtype is characterized by the low level expression of CD14 and additional co-expression of the CD16 receptor. Intermediate monocytes show overexpression of CD14 and down-regulate expression of CD16 [21]. Data literature demonstrate that only 1% of classical monocytes convert into intermediate and subsequently non classical monocytes during homeostasis. Other cells get across in blood circulation or undergo cell death [22]. Moreover, monocytes take part at different stages of tumor growth and progression, depending on the type of origin and subtle differences in tumor microenvironment [18]. Monocytes appear to be recruited due to increased CCL2 expression in model of colitis-associated colorectal cancer [23]. In our study, we showed that monocytes count in both pre- and postoperative blood samples correlated with pT stage of CRC patients. Peripheral blood monocytes expressed IFN- γ can produce TRAIL protein that is able to stimulate cell death [24]. Monocytes can also take part in phagocytosis. However, some literature data demonstrated that cancer cells are able to change immunophenotype of peripheral blood monocytes and activate their tumorigenic properties [25,26]. Cancer cells are able to activate by themselves phagocytosis in blood stream or in tumor mass sites. Cancer cells also express CD47 protein that connects with surface ligand CD172a localized on circulating monocytes and promote monocyte-mediated phagocytosis [27]. We proved that increased monocyte count was found to correlate with lymph nodes invasion and the size of lymph node metastasis. Hu et al. [28] showed that preoperative peripheral blood monocyte count is linked with liver metastasis in colorectal cancer. Zhao et al. [29] found that CD47 expression correlates with the presence of lymph node and distal metastases in non-small cell lung cancer. Abu-Shawer et al. [30] observed that high baseline absolute monocyte count had more distant metastases in comparison to patients with low value of patients diagnosed with gynecological cancers. Moreover, we noted the association between increased level of peripheral blood monocyte count of samples obtained before surgery and CA 19-9 levels. Our results suggest that monocytes in CRC patients are probably responsible for tumor progression via the inhibition of cancer cell death or monocyte-mediated phagocytosis.

Monocytes and monocyte-derived cells interact with adaptive immunity by directing the

recruitment and function of lymphocytes, especially their ability to suppress T cell function [31]. Circulating monocytes negatively correlated with infiltration of cytotoxic CD8+T cells. Monocyte-derived cells can recruit immunosuppressive regulatory T cells (Tregs) via CCL5 production [32]. We analyzed correlation between monocytes and lymphocytes as a monocyte-lymphocyte ratio in peripheral blood samples of CRC patients. We found that pre- and postoperative MLR value were significantly higher than in healthy controls. Moreover, ROC curves of those parameters had high sensitivity and specificity. We also noted that high LMR value was associated with perineural invasion of cancer cells. Also according to Abu-Shawer M et al. [33] MLR correlated with lung metastasis at the time of diagnosis. Probably, the high level of circulating monocytes in the blood stream reflects to the inhibition of immune response in the basis of T cells.

We analyzed connection between neutrophils and monocytes as a neutrophil-to-monocyte ratio. According to our knowledge, this is the first study which conducted such interaction. Monocytes are circulating in peripheral blood, subsequently settle down the tissue material where they became macrophages. It has been proven that neutrophils undergoing apoptosis are permanently accumulated in the mucous membrane of colorectal adenomas, and those which are not removed by macrophages may cause tissue damage and loss of control over their regeneration [34]. We found to NMR value was associated with the invasion of venous and lymphatic vessels, the presence of cancer cell deposits and distant metastasis. NMR value is appearing to be reflected an insufficient immune response that need further, more detailed investigations.

In conclusion, we found that hematologic markers such as absolute monocyte count, NMR and MLR values of blood samples in colorectal cancer are associated with tumor progression. Analyzed markers may be useful as simply obtained parameters, next to histopathological examination, that determine a systemic immune response.

Conflicts of interest

The authors declare that they have no conflicts of interest.

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